

SEPTEMBER 2021

HGCS SCHOOL LUNCH

Monday

Tuesday

Wednesday

Thursday

Friday

Alfredo Sauce w/
Pasta/Breadstick
Garden Salad
Mandarin Oranges
Milk or Apple Juice

1

Cheeseburger
Steamed Peas
Baked Chips
Diced Pears
Milk or Apple Juice

2

Low Fat Pepperoni
Pizza
Green Beans
Applesauce
Milk or Apple Juice

3

**CLOSED
LABOR DAY HOLIDAY**

6

Chicken Nuggets
Rice/Gravy
Vegetable Blend
Diced Peaches
Milk or Apple Juice

7

Toasted Cheese Sand.
Steamed Peas
Pineapple Tidbits
Milk or Apple Juice

8

Lasagna
Garden Salad
Tropical Fruit Blend
Milk or Apple Juice

9

Low Fat Cheese Pizza
Green Beans
Diced Pears
Milk or Apple Juice

10

Meatballs w/ Rice
Roll
Green Beans
Pineapple Tidbits
Milk or Apple Juice

13

Taco Tuesday
Crunchy Beef Taco
Lettuce/Cheese
Fiesta Rice
Applesauce
Milk or Apple Juice

14

**Remote ½ Day For All
Students**

15

All Beef Hot Dog
Coleslaw
Tater Tots
Diced Pears
Milk or Apple Juice

16

Low Fat Pepperoni
Pizza
Vegetable Blend
Sliced Apples
Milk or Apple Juice

17

Popcorn Chicken
Whipped Potatoes
Steamed Peas
Diced Peaches
Milk or Apple Juice

20

Mac 'n' Cheese
Steamed Peas
Tropical Fruit Blend
Milk or Apple Juice

21

Chicken Filet Sandwich
Broccoli/Cheese
Mandarin Oranges
Milk or Apple Juice

22

Spaghetti w/ Meat
Sauce
Garden Salad
Diced Peaches
Milk or Apple Juice

23

Low Fat Cheese Pizza
Sunshine Corn
Diced Pears
Milk or Apple Juice

24

Hamburger
Vegetable Blend
Baked Chips
Mandarin Oranges
Milk or Apple Juice

27

Taco Tuesday
Crunchy Beef Taco
Lettuce/Cheese
Diced Peaches
Milk or Apple Juice

28

Pancakes
Syrup Cup
Sausage Patty
Apple Slices
Milk or Apple Juice

29

Alfredo Sauce w/
Pasta/Breadstick
Garden Salad
Diced Pears
Milk or Apple Juice

30

**FOOD SERVICE DOES NOT PREPARE MEALS FOR SPECIAL DIETS
MEALS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY OF PRODUCT**

